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Work-Life Balance and the Working Parent Struggle

By *Anne C. O'Donnell*

FindLaw

September 12, 2013 - "There has been much discussion in the news about work-life balance, from Anne-Marie Slaughter's article *Why Women Still Can't Have it All*, to Facebook COO Sheryl Sandberg's book, "Lean In" and many more. While much of the dialogue has focused on how the issue affects women, it is a challenge that can affect all working parents."

"In San Francisco, the Healthy Mothers Workplace Coalition recently recognized businesses, including two traditional law firms..., and one alternative law group, **VLP Law Group LLP**, for their commitment to parental leave, work-family balance..."

"Work-life balance is an elusive concept, to be sure. It holds different meanings for different people, and indeed will mean different things to each individual at different phases of their life. There is no one single solution. It may or may not be possible to "have it all," but because so many before us have blazed new trails, there are options to be had and new solutions to be created. Challenging the status quo is the first step."

For full article, please click [here](#).